

MICRORESIDENCY A ISLA / 3rd Edition

At R.A.R.O., we question the role of residency and its various formats. Our usual format fosters connections with other artists and traveling within the local scene of Buenos Aires. However, we believe that part of the creative experience is also born when we isolate ourselves, creating space for silence and reflection.

This new format we propose with *A ISLA* is a brief 5-day experience where we decide to travel a few kilometers to El Pantano, a space located on the Delta Island in the Río de la Plata.

The goal of this microresidency will be introspection, self-observation, spaces for silence, and complementary activities for project follow-up and exploration of personal processes, alongside the group of residents and the team of managers, artists, and curators who make up the proposal.

Each day includes a specific dynamic, such as hours of silence, Chi Kung practices, free time to swim or row in the river, creative writing exercises, relationship-building with the territory, and self-management and project follow-up meetings to give flow to the work. It is a time to pause from our daily routines and overstimulation to close cycles and initiate new ones.

Duration of the residency: 5 days

Dates: December 9 to 13

Location: El Pantano, Delta Island

R.A.R.O. Team

Confirmed Guests:

- Ruth Pexet - Body practice
 - Matías Pinilla - Clinical review and process feedback
 - Silvia Gurfein - Writing Workshop
 - Violeta González Santos and Mercedes Lozano - Híbrida Laboratory
 - Sebastián Pulido - Communication and social media
 - Masha Avriskina - Audiovisual documentation
 - Lina Ángel - Self-management workshop and general direction
-

Residency Dynamic:

There will be a daily activity schedule, specific times, and project follow-up exercises.

Important note: As part of the microresidency, we will be in silence every day until 11 AM.

Day 1 / Monday, December 9

1:00 PM - Meeting at Tigre port and departure to the residency (2-hour boat ride)

6:00 PM to 8:00 PM - Official start of the residency. Group welcome activity

8:30 PM to 10:00 PM - Group dinner

Day 2 / Tuesday, December 10

7:30 AM to 8:30 AM - Physical practice

9:00 AM to 10:00 AM - Breakfast

10:00 AM to 11:00 AM - Free time, ideal for activities like reading, meditation, swimming, or rowing in the river.

11:00 AM to 1:00 PM - Writing workshop with Silvia Gurfein

1:30 PM to 3:30 PM - Group lunch

4:00 PM to 7:30 PM - Artwork clinic and process follow-up with Matías Pinilla

8:30 PM to 10:00 PM - Group dinner

Day 3 / Wednesday, December 11

7:30 AM to 8:30 AM – Physical practice

9:00 AM to 10:00 AM – Breakfast

10:00 AM to 11:00 AM – Free time, ideal for activities like reading, meditation, swimming, or rowing in the river.

11:00 AM to 1:00 PM – Self-management workshop with Lina Ángel

1:30 PM to 3:30 PM – Group lunch

4:00 PM to 7:30 PM – Artwork clinic and process follow-up with Matías Pinilla

8:30 PM to 10:00 PM – Group dinner

Day 4 / Thursday, December 12

7:30 AM to 8:30 AM – Physical practice

9:00 AM to 10:00 AM – Breakfast

10:00 AM to 11:00 AM – Free time, ideal for activities like reading, meditation, swimming, or rowing in the river.

11:00 AM to 1:00 PM – Self-management workshop with Lina Ángel

1:30 PM to 3:30 PM – Group lunch

4:00 PM to 6:00 PM – Writing workshop with Silvia Gurfein

6:30 PM to 8:00 PM – Introduction to Híbrida workshop with Violeta González and Mercedes Lozano

8:30 PM to 10:00 PM – Group dinner

Day 5 / Friday, December 13

7:30 AM to 8:30 AM – Physical practice

9:00 AM to 10:00 AM – Breakfast

10:00 AM to 11:00 AM – Free time, ideal for activities like reading, meditation, swimming, or rowing in the river.

11:00 AM to 1:00 PM – Practical workshop with Híbrida Laboratory

1:30 PM to 3:30 PM – Group lunch

4:00 PM – Return to Buenos Aires

Recommendations:

- **Important:** We recommend that artists purchase international health insurance before arriving in Buenos Aires. R.A.R.O., as the residency program and host, is not responsible for any accidents or injuries during the residency.
- **To consider:**
 - *A Isla* is designed as a space for reflection and introspection. Artists must respect the schedule and dynamics outlined in this document.
 - R.A.R.O. provides basic meals for participants. It is suggested that those with specific dietary needs bring their own food. However, the emphasis of the residency is on sharing, and meals are a fundamental part of this concept.
 - Materials and items in the accommodation and the space must be returned as received. Any damages must be reported, and the cost of repairs or replacements will be charged.
 - The residency is designed as a space for reflection, free from drugs and alcohol, to ensure full engagement in the activities and spaces created.
 - Participants who choose to end the residency early must arrange their own transport to the port.
 - International/national transport is not included in this document.